

SEN FRIENDLY SUMMER HOLIDAY ACTIVITIES

23



**Information provided by
Northumberland Parent
Carer Forum**



INTRODUCTION



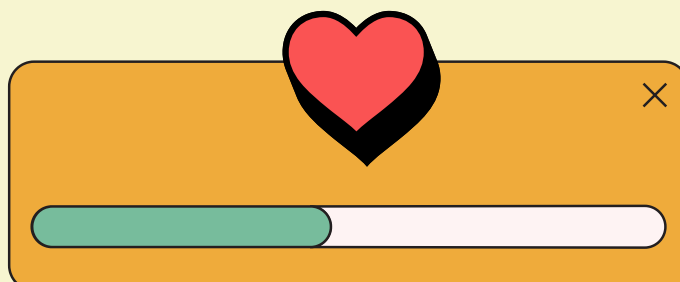
Dear Parents and Carer,

We've been working with a host of providers, organisations and groups to find out what exciting things they have planned over the upcoming summer holidays!

We appreciate it's sometimes difficult to keep track of all of the information and so we've brought you this handy brochure of those specific sessions that are running in Northumberland and surrounding area's for children/young people with SEN and their families

We hope everyone has a fantastic summer!

Northumberland Parent Carer Forum



Summer Holiday Activities

At the Tim Lamb Children's Centre

Open Daily 10am - 4pm ~ 22nd July - 27th August & 29th August - 3rd September
CLOSED Bank Holiday Monday (28th August).

Week 1 ~ Circus Week

Mon 24th ~ Decorate Clown Biscuits ~ 12-2pm
Tues 25th ~ Circus Skills Workshop ~ 1-3pm
Wed 26th ~ Ferris Wheel Inflatable ~ All Day
Thurs 27th ~ Clown Crafts & Popcorn ~ 1-3pm
Fri 28th ~ Free Candy Floss ~ 12-3pm

Week 4 ~ Animals

Mon 14th ~ Animals About Town ~ 12-3pm
Tues 15th ~ Sheep Cake Making ~ 1-3pm
Wed 16th ~ Animal Mask Making ~ 1-3pm
Thurs 17th ~ Hen's Tea Party (Therapy Hens) ~ 1-3pm
Fri 18th ~ Baby Alpaca Visits ~ 1-3pm

Week 2 Fitness & Food

Mon 31st ~ Dance Punkz ~ 12-3pm
Tues 1st Aug ~ Outdoor Cookery Healthy Pizzas ~ 1-2pm
Wed 2nd ~ Football Inflatable Shoot Out ~ All Day
Thurs 3rd Aug ~ Warrior Challenge & Boxercise ~ 12-2pm
Fri 4th Fruit Salad Skewers ~ 11am - 3pm

Week 5 ~ Music and History

Mon 21st ~ Dave the Dinosaur ~ 1.30-2pm & 2.30-3pm
Tuesday 22nd ~ Dinosaur Inflatable Slide ~ All day
Wed 23rd ~ Music & Song under the Parachute ~ 1-3pm
Thurs 24th ~ Fun Little Foodies ~ 12-2pm
Fri 25th ~ Steel Pans Workshop ~ 1- 3pm

Week 3 ~ Movies & Disney

Mon 7th ~ Glitter Shakers ~ 11am-3pm
Tues 8th ~ Mickey and Minnie ~ Hourly from 11am
Wed 9th ~ Smile! Photo Booth & Props ~ 12-3pm
Thurs 10th ~ Drama in the Tipi ~ 12.30-1.15pm & 2 - 2.45pm
Frid 11th ~ Disney Princess & Spiderman Visit ~ 2-3pm

Week 6 ~ Seaside

CLOSED Bank Holiday Monday (28th August)
Tues 29th ~ Sand Art & FREE Candy Floss ~ 12-3pm
Wed 30th ~ Under the Sea Sensory Workshop ~ 12.30-1.15pm & 2-2.45
Thurs 31st ~ Make Your Own Shell Picture ~ 1-3pm
Fri 1st Sept ~ Beach Themed Party ~ All day

Activities are subject to change at short notice

£4 per child (Membership Required £20)

The Tim Lamb Centre is specialist activity centre for disabled children/ young people & their families

Tim Lamb Children's Centre. Rising Sun Country Park. Whitley Road. Benton. NE12 9SS.

0191 266 5233 | info@pathways4all.co.uk | www.pathways4all.co.uk | Charity Number: 1146161

Paddle-Ability 2023

Family fun on the water!

Families with children and young adults with special educational needs and disabilities, can have a go at Paddle Sport in a fun and safe environment with fully qualified Coaches.

(Suitable for children from 6 years old)

All specialist equipment provided

Saturday 24th June, 12 noon-3pm Black Close Bank, Wansbeck Riverside. NE63 8TF.

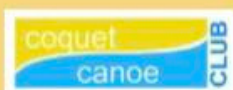
Saturday 15th July, 12 noon - 3pm Druridge Bay Country Park NE61 5BX .

Saturday 19th August, 12 noon - 3pm Black Close Bank, Wansbeck Riverside. NE63 8TF.

£5 per individual or £15 per family. (Free for non-paddlers; but still need to book.)

Please book using this web link or the QR code.

<https://webcollect.org.uk/wpsc/event/paddle-ability-event-1>





The Toby Henderson Trust Borrow Bags and Boxes

Funded by **RISE.**
TTHT Fundraisers and Donations



SMILE
THROUGH SPORT



FREE SUMMER ACTIVITIES CRAMLINGTON



For children and young people with disabilities, SEND and their families.

Inclusive sports, games and activities.

All abilities welcome.

Every Monday.
Starting 24th July until 21st August

Venue: Nelson Village Community Centre, 53-55 Nelson Village, Cramlington, NE23 1HG

Time: 10am - 12 noon

To book email: info@smilethroughsport.com

Tel: 07710 891 741

Toby's Magical Garden is now available to hire!

Are you looking for somewhere quiet to visit with the family, away from the crowds?

Why not consider supporting us by hiring Toby's Magical Garden?
Come and explore our lake view, story telling chairs, water walls and sound sculpture in a calming and enchanting space.



"Toby's Magical Garden gave us a safe place to play. We could just enjoy play time together exploring the amazing water walls, making music or snuggling on the story chairs, all with a great view looking over the lake. The children could just be themselves with no one passing judgment. We love Toby's Magical Garden."



Toby's Magical Garden is available to hire at £10 for two hours.
To make your booking, please email support@ttht.co.uk or call us on 0300 365 3055.

The Toby Henderson Trust
The Doorway to Early Action in Autism



Forest School @ Target Woods Hexham

Every Friday throughout the school holidays

Time; 10am-2pm

Cost; tbc (low cost)

Activities to include; Outdoor activities, arts and crafts, campfire food etc.

Must be booked visit Tanga Hexham on Facebook



FUNDED

LITTLE Learners
SEN Session

These are available to anyone who either receives free school meals at schools, families with SEN, or for families who are on low income/find themselves struggling, however I don't need to see any proof of this. you also must live in Northumberland!

Thursday 27th July
SEN Playspace (10 spaces)
Ashington
www.littlelearnersuk.com

Pathways 2 Nature

Ages 8+ yrs



Wednesday & Fridays

Small Group Session

11am - 3pm

Limited availability

Outdoor activities in our Pathways 2 Nature area & tipi

Email info@pathways4all.co.uk

Membership required

£25 per session*
Additional charge for 1:1 support

The Tim Lamb Centre is specialist activity centre for disabled children/ young people & their families

Tim Lamb Children's Centre. Rising Sun Country Park. Whitley Road. Benton. NE12 9SS.

0191 266 5233 | info@pathways4all.co.uk | www.pathways4all.co.uk

AUTISM FRIENDLY TOUR




Newcastle United have announced a new autism friendly stadium tour!

The monthly tours, which have been developed with input from the North East Autism Society, will last about an hour, with the home and away dressing rooms, players' entrance, media suite and pitch side among the areas covered.


book.nufc.co.uk



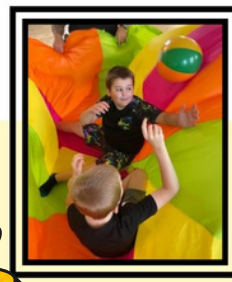
Funhouse SEN Session



every other Saturday
9am to 10am




MINERS LAMP SUMMER SPORTS ACTIVITIES



Free Summer Activities

A range of outdoor games, activities and sports for young people and families with disabilities or SEND.

Every Thursday. Starting 3rd August till 31st August.

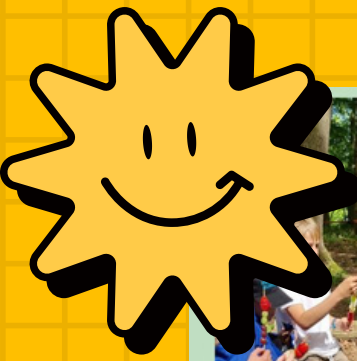
Suitable for all abilities. From age 5

Time: 11am -1pm

Free lunch provided afterwards.

Venue: Eastwoods Park, Eastwoods Road, Prudhoe NE42 5DT

FOR MORE INFORMATION AND TO BOOK:
INFO@SMILETHROUGHSport.COM




Summer Holiday Forest School Clubs

Age 5-12. 10am-2pm

Weeks 1,2,4,5 & 6:
Tuesdays @ Crow Wood, Newbrough
Wed & Thurs @ Gee's Wood, Haydon Bridge

Child led experiences delivered by our fully qualified practitioners, with high staff ratios.

Young people will lead their discovery, and take part in a range of outdoor adventures, whilst bonding with their peers. Including: Physical Activities & Games, Nature Arts & Crafts, Bush Crafts & Survival Skills, Healthy Campfire Cooking, Nature Explorations, Sensory Explorations and more!





Summer Programme - Week 1

**** Please note these sessions have a maximum capacity and operate on a first come first served basis. You must wear weather appropriate clothing, bring a packed lunch and plenty to drink to every session.**



Ability2Play is an inclusive leisure programme aimed at both juniors and adults with a variety of Special Educational Needs and/or Disabilities.

Using fun and engaging sport/leisure activities, the programme focuses on providing opportunities, expanding social circles, increasing confidence and aims to promote independence.

8+yrs



Tuesday 25th July

STAY ALL DAY MULTI-SPORTS

@ Blyth Sports Centre

- Dodgeball, Netball
- Cricket & Football

10:00 - 16:00

£25

18+yrs



Wednesday 26th July

ADULT MULTI-SPORTS

@ Bates Cottage Cricket Club

- Dodgeball, Rounders
- Cricket & Target Games

1:00 - 2:30

£4

8+yrs



Wednesday 26th July

YOUTH CLUB @ YMCA ASHINGTON

17:00 - 19:00

£5

8+yrs



Thursday 27th July

STAY ALL DAY

@ Concordia Leisure Centre

- Ten Pin Bowling
- Clip n Climb
- Sports/Games

10:00 - 16:00

£25



To book, please email:
Bayley.milligan@northumberland.gov.uk
or visit our Facebook @Ability2Play



Summer Programme - Week 2

**** Please note these sessions have a maximum capacity and operate on a first come first served basis. You must wear weather appropriate clothing, bring a packed lunch and plenty to drink to every session.**



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Using fun and engaging sport/leisure activities, the programme focuses on providing opportunities, expanding social circles, increasing confidence and aims to promote independence.

8+yrs



Tuesday 1st August

STAY ALL DAY MULTI-SPORTS

@ Blyth Sports Centre

- Dodgeball, Netball
- Cricket & Football

10:00 - 16:00

£25

18+yrs



Wednesday 2nd August

ADULT MULTI-SPORTS

@ Bates Cottage Cricket Club

- Dodgeball, Rounders
- Cricket & Target games

13:00 - 14:30

£4

8+yrs



Wednesday 2nd August

YOUTH CLUB

@ YMCA ASHINGTON

17:00 - 19:00

£5

8+yrs



Thursday 3rd August

STAY ALL DAY

@ Concordia Leisure Centre

- Ten Pin Bowling
- Clip n Climb
- Sports/Games

10:00 - 16:00

£25



To book, please email:
Bayley.milligan@northumberland.gov.uk
or visit our Facebook @Ability2Play



Summer Programme - Week 3

**** Please note these sessions have a maximum capacity and operate on a first come first served basis. You must wear weather appropriate clothing, bring a packed lunch and plenty to drink to every session.**



8+yrs

Tuesday 8th August

STAY ALL DAY MULTI-SPORTS

@ **Blyth Sports Centre**

- Dodgeball, Netball
- Cricket & Football

10:00 - 16:00

£25



18+yrs

Wednesday 9th August

ADULT MULTI-SPORTS @ **Bates Cottage Cricket Club**

- Dodgeball, Rounders
- Cricket & Football

13:00 - 14:30

£4



8+yrs

Wednesday 9th August

YOUTH CLUB @ **YMCA ASHINGTON**

17:00 - 19:00

£5



8+yrs

Thursday 10th August

STAY ALL DAY @ **Concordia Leisure Centre**

- Ten Pin Bowling
- Clip n Climb
- Sports/Games

10:00 - 16:00

£25

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Using fun and engaging sport/leisure activities, the programme focuses on providing opportunities, expanding social circles, increasing confidence and aims to promote independence.



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Summer Programme - Week 4

**** Please note these sessions have a maximum capacity and operate on a first come first served basis. You must wear weather appropriate clothing, bring a packed lunch and plenty to drink to every session.**



Ability2Play is an inclusive leisure programme aimed at both juniors and adults with a variety of Special Educational Needs and/or Disabilities.

Using fun and engaging sport/leisure activities, the programme focuses on providing opportunities, expanding social circles, increasing confidence and aims to promote independence.



8+yrs

Tuesday 22nd August

STAY ALL DAY MULTI-SPORTS

@ Blyth Sports Centre

- Dodgeball, Netball
- Cricket & Football

10:00 - 16:00

£25



18+yrs

Wednesday 23rd August

ADULT MULTI-SPORTS @ Bates Cottage Cricket Club

- Dodgeball, Rounders
- Cricket & Target Games

13:00 - 14:30

£4



8+yrs

Wednesday 23rd August

YOUTH CLUB @ YMCA ASHINGTON

17:00 - 19:00

£5



8+yrs

Thursday 24th August

STAY ALL DAY @ Concordia Leisure Centre

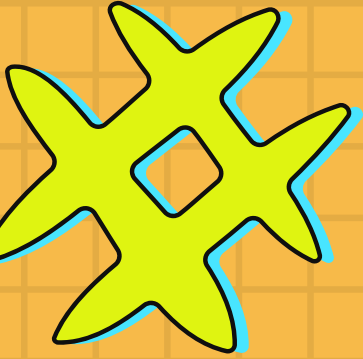
- Ten Pin Bowling
- Clip n Climb
- Sports/Games

10:00 - 16:00

£25

To book, please email:
Bayley.milligan@northumberland.gov.uk
or visit our Facebook @Ability2Play





CalmerTherapy

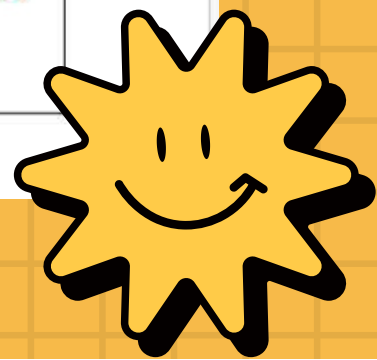
SUMMER CAMP SENIORS

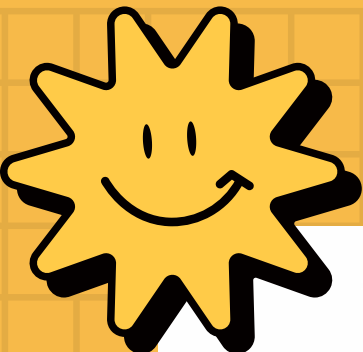
For ages 9 and over, to attend without parents or carers. Every day the group will be split into two groups, so everyone gets the chance to enjoy all activities on offer, The gaming room and sensory room is open during the sessions. Breakfast will be available on arrival. For lunch we will have a vegetarian option available on all days, a 3rd option of a packed lunch will also be available as an alternative.



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<u>Date and times</u>	<u>Activities</u>	<u>Lunch options</u>	<u>Availability</u>
Wednesday 26th July 10-2pm	Gaming room, escape room, sports, arts and crafts.	Sausage and mash with gravy and vegetables, cake	Places still available
Thursday 27 th July 10-2pm	Gaming room, build go carts, sports, arts and crafts.	Spaghetti bolognaise or vegetable pasta with garlic bread, cake	Places still available
Friday 28 th July 10-2pm	Gaming con (fancy dress optional), gaming competitions, sports, arts and crafts.	Hot dog, pizza, hamburger and Ice-cream	Limited Places
Wednesday 2 nd August 10-2pm	Sports on the field, making calm kits, wellbeing in the sensory room, arts and crafts.	Chicken or veg curry and rice, cake	Fully Booked





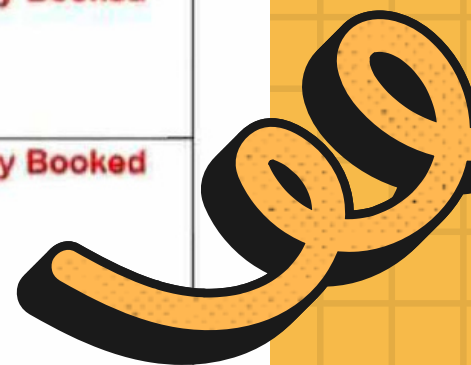
CalmerTherapy

SUMMER CAMP SENIORS

For ages 9 and over, to attend without parents or carers. Every day the group will be split into two groups, so everyone gets the chance to enjoy all activities on offer. The gaming room and sensory room is open during the sessions. Breakfast will be available on arrival. For lunch we will have a vegetarian option available on all days, a 3rd option of a packed lunch will also be available as an alternative.

Activity Timetable

Thursday 3 rd August 10- 2pm	Swimming at 1:1, sporting, arts and crafts.	Lasagne, veg pasta, garlic bread, muffins	Limited Places
Friday 4 th August 10- 2pm	Outdoor learning and water sports at Riverside Park.	BBQ and packed lunch	Fully Booked
Wednesday 9 th August 10- 2pm	Animal visit, baking, sports, arts and crafts.	Mince and dumplings, veg sausage and vegetables, Chocolate fudge cake	Fully Booked
Thursday 10 th August 10- 2pm	Swimming at 1:1, sporting, arts and crafts.	Hot dog, pizza, hamburger and ice- cream	Fully Booked
Friday 11 th August 10- 2pm	Pamper day, zumba, sports arts and crafts.	Afternoon Tea.	Fully Booked
Wednesday 16 th August 10- 2pm	Ambie beach visit	Packed lunch, chip shop, ice- cream	Limited Places
Thursday 17 th August 10- 2pm	Pizza and garlic bread making, sports arts and crafts.	Pizza, garlic bread, muffins	Limited Places
Friday 18 th August 10- 2pm	End of summer party. Colour run obstacle course.	BBQ and ice- cream	Limited Places



SUMMER CAMP JUNIORS

For ages 8 and under, or those who cannot attend without parents or carers.
The sensory room is open on all sessions, except Wetland visit.

Activity Timetable

Date and times	Activities	Lunch options	Availability
Tuesday 25 th July 10-1pm	Sensory messy play, soft play, role play, story time, arts and crafts	Tomato pasta, sandwiches, fruit, cake	Places still available
Tuesday 1 st August 10-1pm	Making natural face masks, sensory messy play, soft play, story time and free play	Fish fingers or veg alternative with veg rice or sausage and veg rice, cake	Limited Places
Tuesday 8 th August 10-1pm	Animal visit, animal arts and crafts, sensory messy play	Spaghetti bolognaise or vegetable pasta with garlic bread, cake	Limited Places
Tuesday 15 th August 10am meet	Washington Wetlands Visit	Packed Lunch	Fully Booked

SUMMER FUN DAY

9TH AUGUST 1-3 PM

BOUNCY CASTLE
AND MORE
Climbing Wall
Inflatables
Bungee Trampolines

£10 Child Entry (All inflatables and rides included)
Adults free

Fundraising for Seb & Olivia's Den

Tuck shop, Childrens colouring and craft, Raffle and Tombola
Refreshments available

Northburn Sports and Community Centre
Crowhall Lane,
Cramlington, NE23 3YF

Seb & Olivia's Den

PRUDHOE YOUTH PROJECT

LEGO CLUB



LEGO DESIGN, LEGO CONSTRUCT, LEGO FUN.

THIS WILL BE RUN FOR SMALL GROUP OF 6-8 YOUNG PEOPLE, VIA BOOKING A PLACE OR INVITE ONLY. DESIGNED FOR AGES 8+ WITH EITHER ADDITIONAL NEEDS OR FOR YOUNG PEOPLE STRUGGLING WITH ANXIETY OR LOW CONFIDENCE IN SOCIAL SKILLS. THE AIM IS FOR THIS GROUP TO INCREASE THEIR CONFIDENCE, DEVELOP THEIR SOCIAL SKILLS, WORK TOGETHER AS A TEAM AND CREATE SOMETHING FANTASTIC. THE CLUB WILL RUN OVER A 7 WEEK PERIOD STARTING MONDAY 11th September 2023, 7PM - 8PM AT THE FAMILY HUB, BROOMHOUSE LANE, PRUDHOE, NE42 5FT. PLEASE CONTACT GEMMA BY PHONE OR EMAIL TO BOOK A PLACE.

CONTACT: GEMMA 07502 851547 : Gemma@prudhoeyouthproject.org

WWW.PRUDHOEYOUTHPROJECT.ORG

Made with PosterMyWall.com



Join us for our monthly Relaxed Sunday Sessions – dedicated quiet time for anyone to access and enjoy the science centre, including autistic people and those with other sensory needs.

Explore the science centre with fewer visitors* and less noise, and enjoy relaxed performances in our planetarium and Science Theatre. Find out [what's on](#) during your visit.

Lighting and sound levels will be altered where possible, to accommodate those with sensory needs. For example, hand-dryers in toilets will be turned off for the duration of the session.

Relaxed Sunday Sessions run from 10.00am – 12.00pm
You are welcome to stay after this time if you wish, but please note that our traditional programme, lighting and sound levels will gradually resume from 12.00pm.



Cleaswell Hill Therapy Pool

Our pool is available to hire during the Summer holiday.

One hour private sessions available.

From 14th August 2023

Mon - Thu 10am - 3pm

Fri – 10am – 12pm



If your child attends CHS – £25.00 (4 bathers)

Public Hire - £30.00 (4 bathers)

Maximum 8 bathers

Telephone 01670 823182

pool@cleaswellhill.northumberland.sch.uk

IncludFEST

Our Planet



Saturday 29th July
11am - 4pm
Hardwick Park, Sedgefield, TS21 2DN

IncludFEST is a FREE, accessible and inclusive outdoor arts festival for children, young people and families.

To find out more, visit: www.finarts.co.uk
or search @finarts on Facebook

If you would like to find out more about support available (e.g. transport) that would make it easier for you to attend the festival call 0300 124 0448 or email info@finarts.co.uk





Summer Holidays



Tuesday 25 th July	1pm-4pm	Freestyle (For all ages)	£5 per child
Thursday 27 th July	10.30am-11.15am	Junior Disability football (6yrs+)	£2 per child
Thursday 27 th July	1pm-4pm	Freestyle (Over 10yrs only)	£5 per child
Friday 28 th July	10.30am-12noon	Dance followed by Messy/sensory play	£10 per child

Tuesday 1 st August	1pm-4pm	Freestyle (For all ages)	£5 per child
Thursday 3 rd August	10.30am-11.15am	Junior Disability football (6yrs+)	£2 per child
Thursday 3 rd August	1pm-4pm	Freestyle (Over 10yrs only)	£5 per child
Friday 4 th August	3pm-4.30pm	Dance followed by Messy/sensory play	£10 per child

Tuesday 8 th August	1pm-4pm	Freestyle (For all ages)	£5 per child
Thursday 10 th August	10.30am-11.15am	Junior Disability football (6yrs+)	£2 per child
Thursday 10 th August	1pm-4pm	Freestyle (Over 10yrs only)	£5 per child



Summer Holidays



Monday 14 th August	11am-1pm	Magic Andrew	£5 per child
Tuesday 15 th August	1pm-4pm	Freestyle (For all ages)	£5 per child
Thursday 17 th August	10.30am-11.15am	Junior Disability football (6yrs+)	£2 per child
Thursday 17 th August	1pm-4pm	Freestyle (Over 10yrs only)	£5 per child

Tuesday 29 th August	1pm-4pm	Freestyle (For all ages)	£5 per child
Thursday 31 st August	1pm-4pm	Freestyle End of Summer party	£5 per child

All activities are must book.

To book please comment or email

Afogggett@activenorthumberland.org.uk

NORTHERN LIGHTS THIS SUMMER

WEEK 1 Little Movers
Northburn Activity Centre

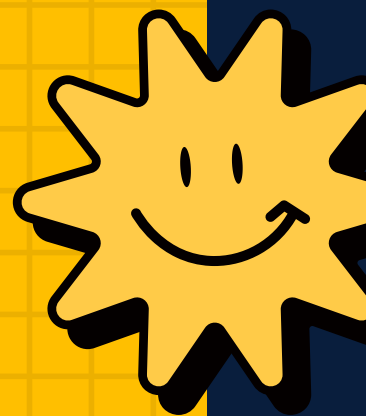
Fun Little Foodies
Northburn Activity Centre **WEEK 2**

WEEK 3 Little Learners Playspace
Druridge Picnic
Animal Antics

Little Learners Playspace **WEEK 4**

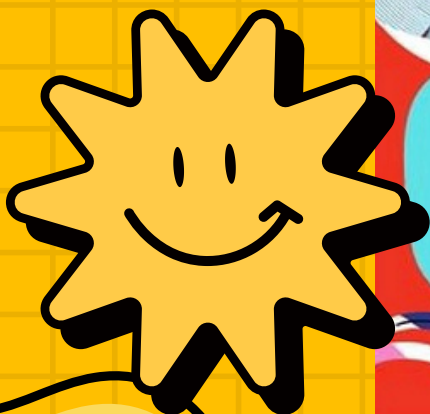
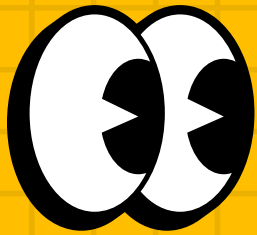
WEEK 5 Whitehouse Farm

Northburn Activity Centre **WEEK 6**



Shiremoor Adventure Playground

No bookings needed.
The park is free to use.
Open access sessions run
Tuesday to Saturday times are
as followed Tue-Fri 3pm-6pm
and Sat 12-4pm.
Additional needs sessios run
Sunday 12-4pm and Monday
3pm-6pm.
we have a small cafe for drinks
and snacks. cash only



Family Hubs
Here for everyone

ages
0-19

SENSORY CHILL OUT

WEDNESDAY 23RD AUGUST 1-3PM AT
BLYTH CENTRAL , 103 WRIGHT STREET,
BLYTH, NE24 1HG

COME ALONG TO THE FAMILY HUB
AND ENJOY A RELAXED SESSION, NO
PLANNED ACTIVITIES BUT OUR
RESOURCES WILL BE SET UP.
FAMILY HUB STAFF WILL BE ON
HAND FOR A CHILL AND CHAT

ACTIVITIES INCLUDE:
SENSORY CHILL OUT TENT -
LEGO - MINECRAFT - ARTS &
CRAFTS - BABY AREA -
REFRESHMENTS

Booking essential - please call
01670 798800 or 541150







Wave Whitley Bay Additional Needs Swim Sessions

Wednesday 6.20-7.20pm

Sunday 5.30 - 7pm



GIANT BUBBLES



Monday 24th July 10am-3pm

Collect your bubble kit and solution from reception and head outside to make
GIANT BUBBLES!



Games in the Garden



**Saturday 29th July - 5th August
Everyday 10am-3pm**


Lots of outside games for all to enjoy!
Tin can alley, giant parachutes,



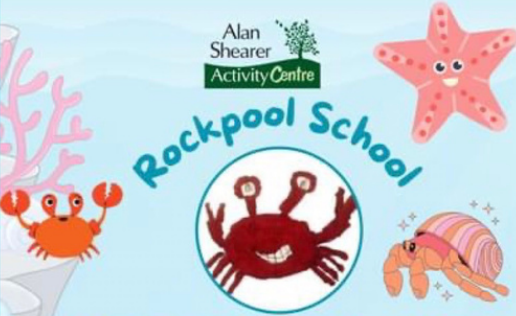
Music Time!



**Wednesday 9th August
10:30am - 11:30am**



Rockpool School



Monday 7th August 11am - 12pm

Tynemouth Rockpool School are coming to tell a wonderful story about the amazing creatures living in a rockpool. You will be able to carefully hold crabs, sea snails and starfish. You'll also learn lots of interesting facts and we'll have rockpool arts and crafts in reception!

Airbox Bounce Cramlington

SEN Sessions

Tuesday 4:30pm

Sunday's 9am



NORTHERN VIEW

Highcliffe - Spittal - Berwick-upon-Tweed - TD15 2JL - Tel: (01289) 304615

Summer Activities



TUESDAY 8TH AUGUST

10AM TO 12.30PM

AUTISM FRIENDLY

12.30PM TO 3PM

FREE BALL POOL AND SOFT PLAY
2 SESSIONS. PRE-BOOKING REQUIRED.

PLACES WHERE KIDS EAT FREE (OR FOR £1) DURING THE 6 WEEKS SUMMER HOLIDAYS 2023

COURTESY OF MONEY SAVING CENTRAL

ASDA

Kids eat for £1 All Day, Every Day at Asda cafes, with no adult spend required.

TESCO

Kids eat free with a purchase of 60p+ from Mon 24th July - Fri 1st September 2023

SAINSBURYS CAFES

Kids eat for £1 with the purchase of an adult hot main. From 11:30am every day.

BEEFEATER & BREWERS FAYRE

Two children under 16 can get a free breakfast every day with one paying adult!

THE REAL GREEK

Kids under 12 eat FREE every Sunday for every £10 spent by an adult

TABLE TABLE

Two children under 16 can get a free breakfast every day with one paying adult!

TRAVELODGE

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

HUNGRY HORSE

Kids eat for £1 on Mondays & up to 2 Kids get free breakfast with 1 adult breakfast

PREMIER INN

Buy 1 Adult Breakfast from just £8.99 & up to two kids eat breakfast for free

SIZZLING PUBS

Every Monday to Friday, 3 - 7pm, kids' mains are £1 with every adult meal.

IKEA

Kids get a meal from 95p daily from 11am

MORRISONS

Spend £4.49 & get one free kids meal all day, every day.

GORDON RAMSEY RESTAURANTS

Kids under 8 eat FREE all day, every day at selected Gordon Ramsay restaurants

PRETO

Kids up to age 10 eat free all day, every day with paying adults at Preto in Half Terms

BILLS

2 kids eat FREE all day, every day from Monday 24th July - Friday 1st Sept 2023

BELLA ITALIA

Children eat for £1 with any adult main. The offer is valid 4-6pm Mon to Thurs.

WHITBREAD INNS

Two kids under 16 eat for FREE with every adult breakfast purchased

SA BRAINS PUBS

Children can eat for £1 with any adult main. Valid All Day Wednesdays

FUTURE INNS

Under 12's eat for free with any adult meal. During the school holidays

PAUSA CAFE @ DUNELM

Kids get 1 mini main, 2 snacks & a drink FREE with every £4 spend after 3pm

YO! SUSHI

From Mon 17th of July until Fri 11th of Aug kids eat free with every £10 adult spend

TO BE CONFIRMED...

M&S and Farmhouse Inns