



# **MOVErs & Explorers**

Friday 9.45 - 11.15am Percy Hedley School, Killingworth.

Carla Maley on 0191 216 1811 or c.maley@percyhedley.org.uk

Free support group providing fun, nurturing, sensory based programmes.

Develop social & play skills through structured interaction

Increase your knowledge of Education & Health provision





Opportunities to meet others on a similar journey













Develop confidence & skills whilst supporting your child's development



Improve physical development through the principles of MOVE







## **MOVErs & Explorers**

## What is Movers & Explorers?

MOVErs & Explorers is a free pre-school support group at Percy Hedley School providing a range of fun, nurturing, sensory based programmes. It utilises Movement Opportunities Via Education and aims to work in partnership with parents to provide high quality early years education to develop their child's physical, cognitive, social and communication skills via explorative play.

#### Who is it for?

Families with young children with neurological and motor disorders (such as cerebral palsy), who may also have associated speech, language and communication difficulties. Children are welcome to attend from the age of 3 months to preschool.

### When and Where?

For the academic year of 2022-2023, the session will be running on a Friday morning during term time from 9.45am until 11.15am at Percy Hedley School in Killingworth.

#### Where do I find more information?

For more information and to register your interest in this group, please contact our School Business Manager Carla Maley on 0191 2161811 or via email c.maley@percyhedley.org.uk