


























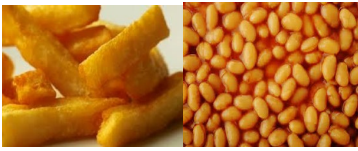









Percy Hedley School Menu

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Sandwiches/Jacket potatoes always available</i>					
	Chicken Korma	Homemade Quiche	Roast Beef & Yorkshire Pudding	Tuna Pasta Bake	Beef Burger in a Bun
SIDES <i>Salads always available</i>					
	Rice Bombay potato Mint raita	Baby New Potatoes Summer Salad	Roast Potatoes Carrots Broccoli	Roasted Vegetables Garlic Bread	Chips Baked Beans
VEGETARIAN OPTION 1					
	Lentil & Sweet Potato Korma	Spanish Frittata	Quorn Fillet	Wholemeal pasta with Broccoli & Cheese sauce	Vegetable Burger
VEGETARIAN OPTION 2					
	Baked giant Samosa	Vegi Sausage Roll	Butternut squash, chickpea & sweet potato casserole	Ravioli with roasted vegetables	Five bean & vegetable bake
DESSERTS					
	Jam Sponge & Custard	Carrot Cake	Chocolate Sponge & Custard	Fruit Trifle	Homemade Cookie

Percy Hedley School Menu





















WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Sandwiches/Jacket potatoes always available</i>					
	Build your own wrap	Braised Sausage in Gravy	Roast Chicken Sage & Onion Stuffing	Beef Lasagne	Battered Cod
SIDES <i>Salads always available</i>					
	Sweet potato wedges Salad & Sauces	Mashed Potatoes Carrots Peas	Roast Potatoes Broccoli Swede	Italian Roasted Vegetables Garlic Bread	Chips Mushy Peas
VEGETARIAN OPTION 1					
	Chicken style strips	Vegetable Sausage	Quorn Roast	Roasted vegetable & Lentil Lasagne	Vegetable Fingers
VEGETARIAN OPTION 2					
	Roasted vegetables in fajita sauce	Spicy Five bean casserole	Vegetable & Lentil Bake	Arrabbiata Arancini	Quorn chicken & Vegetable Pie
DESSERTS					
	Syrup Sponge Custard	Apple Cornflake Crunch	Orange Drizzle Cake	Cup Cakes	Millionaires Shortbread

Percy Hedley School Menu

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Sandwiches/Jacket potatoes always available</i>					
	Chilli Con Carne	Chicken & Vegetable Pie	Roast Gammon Glazed Pineapple Ring	Homemade Pizza	Oven Baked Fish Cake
SIDES <i>Salads always available</i>					
	Savoury Rice Taco Shell	Mashed Potatoes Broccoli Baton Carrots	Baby New Potatoes Pease Pudding Sliced Beetroot Summer Salad	Pasta With 2 sauces	Chips Baked Beans
VEGETARIAN OPTION 1					
	Vegetable Chilli	Quorn chicken Vegetable Pie	Quorn Fillet & Pineapple	Homemade Pizza	Vegetable Fingers
VEGETARIAN OPTION 2					
	Quesadilla	Homemade vegetarian sausage roll	Smokey Bean & Roasted Vegetable bake	Chickpea, Sweet Potato & Carrot Tagine	Quorn enchiladas
DESSERTS					
	Caramel Sponge Custard	Chocolate Brownie	Old Fashioned School Cake Custard	Custard Tart	Fruit, Jelly & Ice Cream





















Percy Hedley School Menu

IDDSI Level 3/4/5

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Chicken Korma	Sweet potato & Broccoli Frittata	Roast Beef	Chicken & Broccoli in a cream sauce	Steamed Pattie
SIDES <i>Baked beans always available</i>					
	Bombay Mashed Potato Seasonal Vegetables LEVEL 5 Rice with a thick sauce	Mashed Potatoes Broccoli Swede	Potatoes Carrots Mushy Peas	Sweet potato mash Broccoli Carrots	Mashed Potatoes Mushy Peas Carrots
VEGETARIAN					
	Lentil & Sweet Potato Korma	Quorn Beef Cottage pie	Quorn Fillet	Quorn Chicken & Broccoli in a Cream sauce	Vegetable Bake
DESSERTS <i>Yoghurt always available</i>					
	Jam Sponge & Custard	Cinnamon Sponge & Custard	Chocolate Sponge & Custard	Fruit Whip	Pureed Apple Fool

Percy Hedley School Menu

IDDSI Level 6

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Chicken Korma	Sweet potato & Broccoli Frittata	Roast Beef	Chicken & Broccoli in a cream sauce	Steamed Pattie
SIDES <i>Baked beans always available</i>					
	Seasonal Vegetables Rice with a thick sauce	Mashed Potatoes Broccoli Swede	Soft Roast Potatoes Carrots Mushy Peas	Sweet potato mash Broccoli Carrots	Soft Chips Mushy Peas LEVEL 4 Baked Beans
VEGETARIAN					
	Lentil & Sweet Potato Korma	Quorn Beef Cottage pie	Quorn Fillet	Quorn Chicken & Broccoli in a Cream sauce	Vegetable Bake
DESSERTS <i>Yoghurt always available</i>					
	Jam Sponge & Custard	Cinnamon Sponge & Custard	Chocolate Sponge & Custard	Fruit Whip	Fruit Fool





Percy Hedley School Menu

IDDSI Level 3 4 & 5

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE					
	Chicken Casserole	Skinless Sausage	Roast chicken Sage & Onion stuffing	Bolognese	Fish Pie
SIDES <i>Baked beans always available</i>					
	Mashed Potato Broccoli Swede	Mashed Potato Carrots Mushy Peas	Sweet Potato Mash Broccoli Diced Carrots	Garlic Mashed Potato Seasonal Vegetables	Cheesy Mash Mushy Peas
VEGETARIAN					
	Roasted Vegetable in Fajita sauce	Glamorgan Sausage	Quorn Fillet	Quorn Bolognese	Country Style Vegetables topped With Cheesy Mash
DESSERTS <i>Yoghurt always available</i>					
	Syrup Sponge Custard	Apple Sponge Custard	Orange Cake Custard	Cup Cake Custard	Fruit Whip



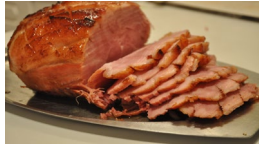

















Percy Hedley School Menu

IDDSI Level 6

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE					
	Chicken Casserole	Skinless Sausage	Roast chicken Sage & Onion stuffing	Bolognese	Breaded Cod
SIDES <i>Baked beans always available</i>					
	Mashed potatoes Broccoli Swede	Mashed Potato Carrots Mushy Peas	Soft Roast Potatoes Broccoli Diced Carrots	Potato Croquette Seasonal Vegetables	Soft Chips Mushy Peas
VEGETARIAN					
	Roasted Vegetables in Fajita sauce	Glamorgan Sausage	Quorn Fillet	Quorn Bolognese	Breaded Fishless Fingers
DESSERTS <i>Yoghurt always available</i>					
	Syrup Sponge Custard	Apple Sponge Custard	Orange Drizzle Cake Custard	Cup Cakes Custard	Fruit Whip





















Percy Hedley School Menu

IDDSI Level 3, 4 & 5

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE					
	Chili Con Carne	Chicken & Vegetable Casserole	Chopped Pork Pineapple Puree	Chicken in Arrabiata sauce	Poached Fish In sauce
SIDES <i>Baked beans always available</i>					
	Seasonal Vegetable Mashed potatoes LEVEL 5 Rice with a thick sauce	Mashed Potatoes Broccoli Carrots	Cheese Potatoes Pease Pudding Mushy Peas	Garlic Mash Cauli & Broccoli in Cheese sauce	Sweet potato mash Mushy Peas Carrots
VEGETARIAN					
	Quorn Beef Chilli	Quorn Chicken & Vegetable Casserole	Quorn Fillet	Chicken style Arrabiata	Lentil, Butternut squash & Sweet Potato Hash
DESSERTS <i>Yoghurt always available</i>					
	Caramel Sponge Custard	Chocolate Cake Custard	Old Fashioned School Cake Custard	Baked Custard Dessert	Banana & Toffee whip

Percy Hedley School Menu

IDDSI Level 6

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Chili Con Carne	Chicken & Vegetable Casserole	Chopped Pork Pineapple Puree	Chicken in Arrabiata sauce	Breaded Fish Cake
SIDES <i>Baked beans always available</i>					
	Seasonal Vegetables Rice with a thick sauce	Mashed Potatoes Broccoli Carrots	Croquette Potatoes Pease Pudding Mushy Peas	Garlic Mash Cauli & Broccoli in Cheese sauce	Soft Chips Mushy Peas
VEGETARIAN					
	Quorn Beef Chilli	Quorn Chicken & Vegetable Casserole	Quorn Fillet	Chicken style Arrabiata	Lentil, Butternut squash & Sweet Potato Hash
DESSERTS <i>Yoghurt always available</i>					
	Caramel Sponge Custard	Chocolate Cake Custard	Old Fashioned School Cake Custard	Baked Custard Dessert	Banana & Toffee whip