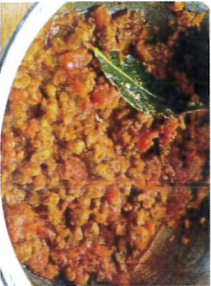


Percy Hedley School Menu

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Sandwiches/Jacket potatoes always available					
	Chicken Fajita	Mince and Dumplings	Roast Beef and Yorkshire Pudding	Bolognese Pasta Bake	Chicken Burger in a bun
SIDES Salads always available					
	Sweet Potato Wedges Salad Bar	Swede and Peas	Roast Potatoes Carrots Broccoli	Garlic Bread slice Roasted Vegetables	Chips Mushy Peas
VEGETARIAN OPTION 1					
	Vegetable Burger	Vegetarian Mince and Dumplings	Quorn minced beef	Pasta Bake	Fishless Fingers
VEGAN					
	Vegan Fingers in Wrap	Vegan Vegetable Casserole	Vegan grill	Vegetable grill	Fishless Fingers
DESSERTS					
	Jam Sponge & custard	Carrot Cake	Chocolate Sponge & Custard	Rice Pudding	Homemade Cookie

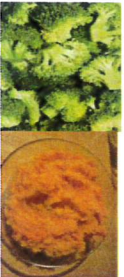
Percy Hedley School Menu

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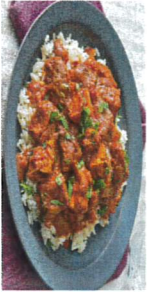
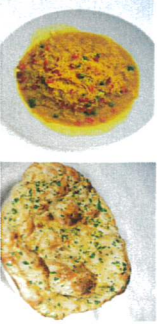
WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Chicken Fajita filling	Cottage pie	Chicken Casserole	Savoury Mince	Chicken in a creamy mushroom sauce
SIDES <i>Baked beans always available</i>					
	Sweet Potato Mash Broccoli	Broccoli Swede	Mashed Potatoes Baton Carrots Broccoli	Mashed Potato Cauliflower cheese	Sweet potato mash Mushy Peas
VEGETARIAN					
	Steamed vegetables in fajita sauce	Vegetarian Cottage pie	Vegan Fillet	Quorn mince	Tuna bake
DESSERTS <i>Yoghurt always available</i>					
	Jam Sponge & Custard	Cinnamon Sponge & Custard	Chocolate Sponge & Custard	Rice Pudding	Fruit whip

Percy Hedley School Menu

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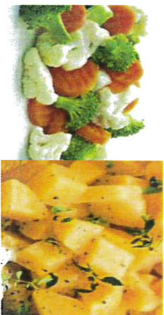
WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Chicken Fajita filling	Cottage Pie	Chicken Casserole	Mince in Gravy	Chicken in a creamy mushroom sauce
SIDES <i>Baked beans always available</i>					
	Sweet Potato Mash Seasonal Vegetables	Broccoli Swede	Mashed Potato Carrots Broccoli	Mashed Potatoes Country style vegetables	Chips Baked Beans
VEGETARIAN					
	Roasted vegetable in Fajita sauce	Vegetarian Cottage pie	Vegan Fillet	Pasta Bake in Cheese sauce	Breaded Fishless fingers
DESSERTS <i>Yoghurt always available</i>					
	Jam Sponge & Custard	Cinnamon Sponge & Custard	Chocolate Sponge & Custard	Rice Pudding	Fruit Whip

Percy Hedley School Menu

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Sandwiches/Jacket potatoes always available</i>					
	Chicken Tikka Masala	Sausage in bun	Roast Chicken	Corned Beef Pie	Battered Fish
SIDES <i>Salads always available</i>					
	Vegetable Rice Naan Bread	Baked Sweet potato wedges BBQ Beans	Roast Potatoes Baton carrots Broccoli	Cauliflower and Green Beans	Chips Mushy peas
VEGETARIAN					
	Samosas	Vegetable sausage in bun	Glamorgan Sausage with onion gravy	Vegetarian Mince Pie	Fishless fingers
VEGAN					
	Vegan cauliflower & pepper katsu curry	Vegan Sausage	Glamorgan Sausage	Vegetable Pie	Vegan vegetable Fingers
DESSERTS					
	Syrup sponge & Custard	Apple Cornflake Crunch	Orange drizzle cake	Cup cakes	Millionaire Shortbread

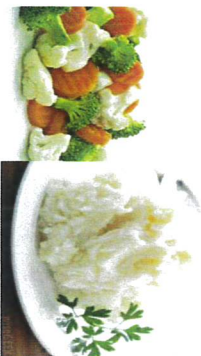
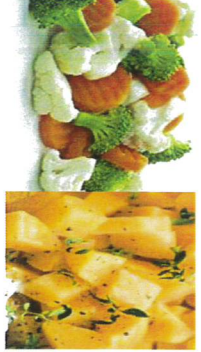
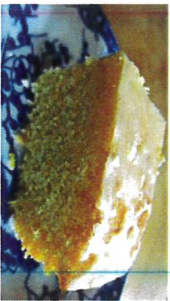
Percy Hedley School Menu

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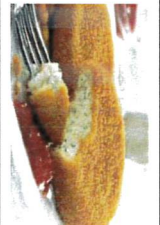
WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Jacket Potatoes with various fillings always available					
	Chicken Tikka Masala	Steamed Skinless Sausage in Gravy	Roast Chicken	Corned Beef Hash	Poached fish in sauce
SIDES Baked beans always available					
	Boiled Rice served with a thick curry sauce Mixed vegetables	Cauliflower Broccoli Sweet Potato Mash	Potato Croquettes Carrots Cauliflower	Country Style Vegetables and Swede	Carrots Mushy Peas
VEGETARIAN					
	Sweet Potato & Cauliflower Tikka Masala	Vegetable sausage Casserole	Vegan Fillet	Root vegetables in Passata Sauce	Vegetable Hash
DESSERTS Yoghurt always available					
	Syrup Sponge & Custard	Apple and Custard	Sponge & Custard	Orange Drizzle Cake & Custard	Sponge and Custard

Percy Hedley School Menu

IDDSI Level 3/4/5

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Jacket Potatoes with various fillings always available					
	Chicken curry	Skinless Sausage in Gravy	Roast Chicken	Corned Beef Hash	Fish pie
SIDES Baked beans always available					
	Mashed Potato Mixed vegetables	Cauliflower Broccoli Sweet Potato	Mashed Potato Carrots Mushy Peas	Swede Country Style Vegetables	Carrots Mushy Peas
VEGETARIAN					
	Sweet potato & cauliflower curry	Vegetable Sausage Casserole	Vegan Fillet	Root vegetables in Passata Sauce	Vegetable Hash
DESSERTS Yoghurt always available					
	Syrup Sponge & Custard	Apple and Custard	Orange Drizzle Cake & Custard	Cup Cake & Custard	School traybake & Custard

Percy Hedley School Menu

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Sandwiches/Jacket potatoes always available					
	Chilli con carne	Homemade Pizza	Roast Pork & Stuffing	Cottage Pie	Fish Cake
SIDES Salads always available	 		  		 
	Savoury Rice Taco	Pasta Creamy Mushroom sauce Tomato & Basil sauce	Roast Potatoes Swede Cut Green beans	Broccoli and Cauliflower	Chips Baked Beans
VEGETARIAN					
	Vegetable	Homemade Cheese Pizza	Lentil & Vegetable cottage pie	Vegetarian Cottage Pie	Fishless fingers
VEGAN					
	Vegan Mexican vegetables in a taco shell	Vegan cheese & tomato pizza	Vegan vegetable sausage	Vegan Chicken Nuggets	Vegan Burger
DESSERTS					
	Caramel Sponge & Custard	Brownie & Ice-cream	Chocolate sprinkle cake	Sultana Sponge and Custard	Banana Sponge and Custard

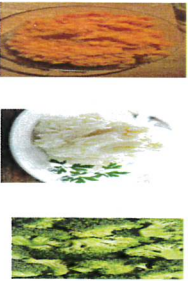
Percy Hedley School Menu

IDDSI Level 3/4/5

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Chilli Con Carne	Chicken in a creamy mushroom sauce	Pork Casserole	Cottage Pie	Poached fish in cheese sauce
SIDES <i>Baked beans always available</i>					
	Mashed Potatoes Country style vegetables	Savoury Mashed Potato Steamed Vegetables	Mashed Potato Swede Broccoli	Mashed Potatoes Broccoli and Cauliflower	Mashed Potato Root veg mash
VEGETARIAN					
	Vegetable Chilli	Creamy Vegetable Bake	Lentil & Vegetable Cottage pie	Vegetarian Cottage Pie	Mac & Cheese
DESSERTS <i>Yoghurt always available</i>					
	Caramel Sponge & Custard	Chocolate Sponge and Custard	Sponge & Custard	Vanilla cake and custard	Banana Sponge and Custard

Percy Hedley School Menu

IDDSI Level 6

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
MAIN COURSE Jacket Potatoes with various fillings always available						
	Chilli Con Carne	Chicken in a creamy mushroom sauce	Pork Casserole	Cottage Pie	Battered Fish Cake	
	SIDES Baked beans always available					
		Boiled Rice served with thick sauce	Savoury Mashed Potato Steamed Vegetables	Mashed Potato Broccoli Swede	Cauliflower and Broccoli	Soft Chips Baked Beans
		VEGETARIAN				
Vegetable Chilli			Creamy Vegetable Bake	Lentil & Vegetable cottage pie	Vegetarian Cottage Pie	Mac & Cheese Extra sauce
DESSERTS Yoghurt always available						
	Caramel Sponge & Custard		Chocolate Sponge and Custard	Chocolate sprinkle cake	Vanilla Cake and Custard	Banana Sponge & Custard