

## PRIMARY PSHE EDUCATION: LONG-TERM OVERVIEW

	Autumn 1 Self Awareness	Autumn 2 Self Care, Support and Safety	Spring 1 Managing Feelings	Spring 2 The World I Live In	Summer 1 Changing and Growing	Summer 2 Healthy Lifestyles
KS1 1/2	Things we are Good at-	Taking Care of Ourselves-	Identifying and Expressing Feelings-	Respecting Differences Between People-	Baby to Adult-	Healthy Eating HL1
KS1 2/2	Kind & Unkind Behaviours-	Keeping Safe-	Identifying and Expressing Feelings-	Jobs People Do/ Rules & Law-	Dealing with Touch-	Taking care of Physical Health HL2
KS2 1/2	Playing and Working Together/Getting on with others-	Trust-	Managing Strong Feelings-	Taking Care of the Environment-	Different Types of Relationships-	Keeping Well HL3
KS2 2/2	People who are Special to us-	Public & Private-	Managing Strong Feelings-	Belonging to the Community-	Changes at Puberty-	Healthy Eating HL1

## SECONDARY PSHE EDUCATION: LONG-TERM OVERVIEW

	<b>Autumn 1</b> Self Awareness	<b>Autumn 2</b> Self Care, Support and Safety	<b>Spring 1</b> Managing Feelings	<b>Spring 2</b> The World I Live In	<b>Summer 1</b> Changing and Growing	<b>Summer 2</b> Changing and Growing
KS3 1/2	Personal Strengths	Feeling unwell	Self Esteem and Unkind comments	Diversity, Rights and Responsibilities	Friendships.	Elements of a Healthy Life HL1
KS3 2/2	Skills for Learning	Public and Private	Strong Feelings	Taking care of the Environment	Puberty	Mental Wellbeing HL2
KS4 1/3	Personal Strengths .SA1	Feeling frightened/worried SSS2	Romantic Feelings and Sexual Attraction MF3	Diversity, Rights and Responsibilities WIL1	Healthy/unhealthy relationship behaviours CG3	Physical Activity HL3 Healthy Eating HL4

KS4 2/3	Prejudice and Discrimination SA3	Accidents and risk SSS3	Self Esteem and Unkind Comments MF1	Taking care of the Environment .WILI3	Intimate Relationships, Consent and Contraception CG4	Medicinal Drugs HL6 Medicinal rugs Drugs, alcohol & tobacco HL7
KS4 3/3	Managing Pressure SA4	Emergency Situations  SSS5	Strong feelings MF2	Taking care of the Environment WILI3	Long term Relationships and Parenting CG5	Body Image HL5
P16 1/2	Managing Pressure SA4	Gambling SSS7	Self Esteem and Unkind Comments MF1	Diversity, Rights and Responsibilities WILI1	Intimate Relationships, Consent and Contraception CG4	Elements of a Healthy Lifestyle HL1
P16 2/2	Prejudice and Discrimination SA3	Public and Private SSS6	Romantic feelings and Sexual Attraction MF3	Preparing for Adulthood WILI4	Long term Relationships and Parenting CG5	Medicinal Drugs, Alcohol & Tobacco HL7