

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|--|--|------------------------------|---|
| MAIN COURSE Sandwiches/Jacket potatoes always available | | | | | |
| | Chinese Chicken Curry | Mince & Dumplings | Roast Chicken | Battered Fish | Homemade Meatballs |
| SIDES Salads always available | | | | | |
| | Vegetable Noodles Savoury Rice Sweet & Sour Sauce | Mashed Potatoes Cauliflower Cheese Green Beans | Roast Potatoes Baton Carrots Savoy Cabbage | Chips Peas or Baked Beans | Pasta Roasted Vegetables Garlic Bread |
| VEGETARIAN OPTION 1 | | | | | |
| | Vegetable Spring Roll | Cheese & Potato Roll | Vegetable Burger | Fishless Fingers | Cheese Quiche |
| VEGETARIAN OPTION 2 | | Quorn | Quorn FILLETS 520g | | Quorn Swedish style Balls Page 1 1 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 2 |
| | Vegetable Curry | Quorn Mince & Dumplings | Quorn Fillet | Mac & Cheese | Vegetarian Meatballs |
| DESSERTS | | | | | |
| | Jam Sponge & Custard | Rice Pudding | Chocolate Sponge & Custard | Carrot Cake | Fruit Trifle |



| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|---|---|--|---|-----------------------|
| MAIN COURSE Sandwiches/Jacket potatoes always available | | | | | |
| | Chilli Con Carne | Braised Sausage in Gravy | Corned Beef Hot Pot | Roast Beef & Yorkshire Pudding | Beefburger in a Bun |
| SIDES Salads always available | | | | | |
| | Vegetable Rice Diced Herb Potatoes Nachos | Mashed Potato Spring Cabbage Cauliflower Cheese | Roast Root Vegetables Garden Peas | Roast Potatoes Baton Carrots Broccoli | Chips Baked Beans |
| VEGETARIAN OPTION 1 | QUOIN MINCE 1700 (QUO) (qualitate) QU | Quorn SAUSAGES 336g | QUOTN MINCE MI | Quorn FILLETS 520g | Quorn Cottage Pie |
| | Quorn Chilli Con Carne | Quorn Sausage in Gravy | Quorn Mince Hot Pot | Quorn Fillet | Quorn Cottage Pie |
| VEGETARIAN OPTION 2 | | | | | |
| | Vegetable Wrap | Cheese Pasty | Veggie Fingers | Vegan Sausage Roll | Veggie Burger |
| DESSERTS Fruit, yoghurt, cheese and biscuits always available | | | | | |
| | Syrup Sponge & Custard | Ginger Sponge & Custard | Orange Drizzle Cake | Cup Cake | Pineapple upside down |

| WEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|---|---|------------------------------|--|---|---|
| MAIN COURSE Sandwiches/Jacket potatoes always available | | | | | |
| | Fajitas | Battered Fish | Beef Casserole & Cobbler | Chicken Korma or Chicken Tikka Masala | Chicken & Vegetable Pie |
| SIDES Salads always available | | | | | |
| | Potato Wedges Corn on the Cob or Beans | Chips Mushy Peas or Beans | Roast Potatoes Baton Carrots Broccoli | Bombay Potatoes Vegetable Pilau Rice Naan Bread | Duchess Potatoes Country style Vegetable |
| VEGETARIAN OPTION 1 | | | Quorn 454g ROAST | | QUOIN MINCE *200. 0 *10" 4 *10" 0 *5" |
| | Veggie Fajitas | Fishless Fingers | Quorn Roast & Stuffing | Vegetable Korma or Vegetable Tikka Masala | Quorn & Vegetable Pie |
| VEGETARIAN OPTION 2 | Elizabeth Co. | | Parameters 10 mm and 10 mm | | |
| | Vegan Sausage Roll | Veggie Burger | Cheese Quiche | Vegetable Samosa | Veggie Hot Dog |
| DESSERTS Fruit, yoghurt, cheese and biscuits always available | | | | | Costandana |
| | Caramel Sponge & Custard | Rice Pudding | Apple Crumble & Custard | Chocolate Brownie & Ice Cream | Fruit Tartlets |

IDDSI Level 3/4/5

| WEEK 1 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|---|---------------------------|---------------------------------------|
| MAIN COURSE Jacket Potatoes with various fillings always available | | | | | |
| | Chinese Chicken Curry | Mince & Dumpling | Roast Chicken | Tuna Bake | Homemade Meatballs In Tomato/gravy |
| SIDES Baked beans always available | | | | | |
| | Plain Noodles Boiled Rice Sweet & Sour Sauce | Mashed Potatoes Broccoli Cauliflower Cheese | Potatoes Baton Carrots Mushy Peas | Baked Beans | Pasta Roasted Vegetables |
| VEGETARIAN | | QUOTN MINCE FEET STEEL ST | Quorn FILLETS 520g | PARSONAL MINISTRY. | SWEDDHSTME BALLSTON |
| | Quorn pieces in Curry sauce | Quorn Mince & Dumplings | Quorn Fillet | Mac & Cheese | Quorn Meatballs Cheese Quiche |
| DESSERTS Yoghurt always available | | | | | |
| | Jam Sponge & Custard | Mousse | Chocolate Sponge & Custard | Cinnamon Sponge & Custard | Pureed Apple Fool |



IDDSI Level 3/4/5

| WEEK 2 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|--|--|--------------------------------|--------------------------------------|--|
| MAIN COURSE Jacket Potatoes with various fillings always available | | | | | |
| | Chilli Con Carne | Skinless Sausage in Gravy | Corned Beef Hash | Roast Beef | Beef Pattie in Gravy |
| SIDES Baked beans always available | | | | | MEGLEX |
| | Boiled Rice Mixed vegetables | Cauliflower Broccoli Mashed Potato | Carrots Mushy Peas or Beans | Mashed Potato Carrots Broccoli | Mashed Potatoes Baked Beans |
| VEGETARIAN | QUOTI MINCE *min 0 *to* 0 ±to* 0 ± | Quorn SAUSAGES 336g | COTTAGE PIE | Quorn FILLETS 520g | QUOTN MINCE *SEAL ONE OLERAL OLE |
| | Quorn Chilli Con Carne | Quorn Sausage in Gravy | Quorn Cottage Pie | Quorn Fillet | Quorn Lasagne |
| DESSERTS Yoghurt always available | | | | | |
| | Syrup Sponge & Custard | Ginger Sponge & Custard | Orange Drizzle Cake & Custard | Sponge & Custard | Pineapple Sponge & Custard |

IDDSI Level 3/4/5

| WEEK 3 | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
|--|-------------------------------------|--------------------------------------|--|--|--|
| MAIN COURSE Jacket Potatoes with various fillings always available | | | | | |
| | Mexican-Style Chicken | Fish Pie | Beef Casserole | Chicken Korma or Chicken Tikka Masala | Chicken & Vegetable in creamy sauce |
| SIDES Baked beans always available | | | | | |
| | Boiled Rice Smooth Avocado | Mushy Peas | Mashed Potato Broccoli Baton Carrots | Boiled Rice Spiced Mashed Potato | Sweet Potato Mash Carrots Broccoli |
| VEGETARIAN | PIECES 1 mil. [aver averts ave | Quorn COTTAGE PIE Mar Jahr Jahr Ja | Quorn 454g ROAST | | PIECES |
| 0 | Mexican-Style Quorn Pieces | Quorn Cottage Pie | Quorn Roast | Vegetable Korma or Vegetable Masala | Quorn pieces in creamy sauce |
| DESSERTS Yoghurt always available | | | | | |
| | Caramel Sponge & Custard | Mousse | Pureed Apple & Custard | Chocolate Sponge & Custard | Jam Sponge & Custard |