




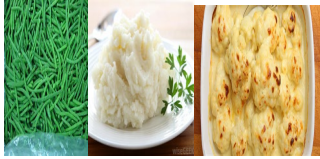
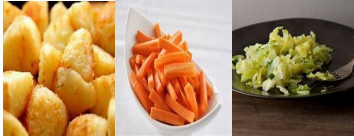

















# Percy Hedley School Menu



WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b> <i>Sandwiches/Jacket potatoes always available</i>					
	Chinese Chicken Curry	Mince & Dumplings	Roast Chicken	Battered Fish	Homemade Meatballs
<b>SIDES</b> <i>Salads always available</i>					
	Vegetable Noodles Savoury Rice Sweet & Sour Sauce	Mashed Potatoes Cauliflower Cheese Green Beans	Roast Potatoes Baton Carrots Savoy Cabbage	Chips Peas or Baked Beans	Pasta Roasted Vegetables Garlic Bread
<b>VEGETARIAN OPTION 1</b>					
	Vegetable Spring Roll	Cheese & Potato Roll	Vegetable Burger	Fishless Fingers	Cheese Quiche
<b>VEGETARIAN OPTION 2</b>					
	Vegetable Curry	Quorn Mince & Dumplings	Quorn Fillet	Mac & Cheese	Vegetarian Meatballs
<b>DESSERTS</b>					
	Jam Sponge & Custard	Rice Pudding	Chocolate Sponge & Custard	Carrot Cake	Fruit Trifle

# Percy Hedley School Menu

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b> <i>Sandwiches/Jacket potatoes always available</i>					
<b>SIDES</b> <i>Salads always available</i>					
<b>VEGETARIAN OPTION 1</b>					
<b>VEGETARIAN OPTION 2</b>					
<b>DESSERTS</b> <i>Fruit, yoghurt, cheese and biscuits always available</i>					
	Syrup Sponge & Custard	Ginger Sponge & Custard	Orange Drizzle Cake	Cup Cake	Pineapple upside down



# Percy Hedley School Menu

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b> <i>Sandwiches/Jacket potatoes always available</i>					
	Fajitas	Battered Fish	Beef Casserole & Cobbler	Chicken Korma or Chicken Tikka Masala	Chicken & Vegetable Pie
<b>SIDES</b> <i>Salads always available</i>					
	Potato Wedges Corn on the Cob or Beans	Chips Mushy Peas or Beans	Roast Potatoes Baton Carrots Broccoli	Bombay Potatoes Vegetable Pilau Rice Naan Bread	Duchess Potatoes Country style Vegetable
<b>VEGETARIAN OPTION 1</b>					
	Veggie Fajitas	Fishless Fingers	Quorn Roast & Stuffing	Vegetable Korma or Vegetable Tikka Masala	Quorn & Vegetable Pie
<b>VEGETARIAN OPTION 2</b>					
	Vegan Sausage Roll	Veggie Burger	Cheese Quiche	Vegetable Samosa	Veggie Hot Dog
<b>DESSERTS</b> <i>Fruit, yoghurt, cheese and biscuits always available</i>					
	Caramel Sponge & Custard	Rice Pudding	Apple Crumble & Custard	Chocolate Brownie & Ice Cream	Fruit Tartlets

# Percy Hedley School Menu

## IDDSI Level 3/4/5

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b> <i>Jacket Potatoes with various fillings always available</i>					
	Chinese Chicken Curry	Mince & Dumpling	Roast Chicken	Tuna Bake	Homemade Meatballs In Tomato/gravy
<b>SIDES</b> <i>Baked beans always available</i>					
	Plain Noodles Boiled Rice Sweet & Sour Sauce	Mashed Potatoes Broccoli Cauliflower Cheese	Potatoes Baton Carrots Mushy Peas	Baked Beans	Pasta Roasted Vegetables
<b>VEGETARIAN</b>					
	Quorn pieces in Curry sauce	Quorn Mince & Dumplings	Quorn Fillet	Mac & Cheese	Quorn Meatballs Cheese Quiche
<b>DESSERTS</b> <i>Yoghurt always available</i>					
	Jam Sponge & Custard	Mousse	Chocolate Sponge & Custard	Cinnamon Sponge & Custard	Pureed Apple Fool



# Percy Hedley School Menu

## IDDSI Level 3/4/5

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b> <i>Jacket Potatoes with various fillings always available</i>					
	Chilli Con Carne	Skinless Sausage in Gravy	Corned Beef Hash	Roast Beef	Beef Pattie in Gravy
<b>SIDES</b> <i>Baked beans always available</i>					
	Boiled Rice Mixed vegetables	Cauliflower Broccoli Mashed Potato	Carrots Mushy Peas or Beans	Mashed Potato Carrots Broccoli	Mashed Potatoes Baked Beans
<b>VEGETARIAN</b>					
	Quorn Chilli Con Carne	Quorn Sausage in Gravy	Quorn Cottage Pie	Quorn Fillet	Quorn Lasagne
<b>DESSERTS</b> <i>Yoghurt always available</i>					
	Syrup Sponge & Custard	Ginger Sponge & Custard	Orange Drizzle Cake & Custard	Sponge & Custard	Pineapple Sponge & Custard

# Percy Hedley School Menu

IDDSI Level 3/4/5

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MAIN COURSE</b> <i>Jacket Potatoes with various fillings always available</i>					
	Mexican-Style Chicken	Fish Pie	Beef Casserole	Chicken Korma or Chicken Tikka Masala	Chicken & Vegetable in creamy sauce
<b>SIDES</b> <i>Baked beans always available</i>					
	Boiled Rice Smooth Avocado	Mushy Peas	Mashed Potato Broccoli Baton Carrots	Boiled Rice Spiced Mashed Potato	Sweet Potato Mash Carrots Broccoli
<b>VEGETARIAN</b>					
0	Mexican-Style Quorn Pieces	Quorn Cottage Pie	Quorn Roast	Vegetable Korma or Vegetable Masala	Quorn pieces in creamy sauce
<b>DESSERTS</b> <i>Yoghurt always available</i>					
	Caramel Sponge & Custard	Mousse	Pureed Apple & Custard	Chocolate Sponge & Custard	Jam Sponge & Custard

