
























Percy Hedley School Menu

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Sandwiches/Jacket potatoes always available</i>					
	Chinese Chicken Curry	Homemade Quiche	Roast Chicken	Spaghetti Bolognese	Fish Goujons
SIDES <i>Salads always available</i>					
	Vegetable Noodles Savoury Rice Sweet & Sour Sauce	Baby New Potatoes Garden Peas Sweetcorn	Roast Potatoes Baton Carrots Savoy Cabbage	Garlic Bread	Sweet Potato Fries Garden Peas
VEGETARIAN OPTION 1					
	Vegetable Spring Roll	Cheese & Potato Roll	Vegetable Burger	Quorn Bolognese	Fishless Fingers
VEGETARIAN OPTION 2					
	Vegetable Curry	Quorn mince Cottage Pie	Quorn Roast	Vegetable Fingers	Macaroni Cheese
DESSERTS					
	Jam Sponge & Custard	Carrot Cake	Chocolate Sponge & Custard	Cookie Trifle	Sponge Traybake

Percy Hedley School Menu

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Sandwiches/Jacket potatoes always available</i>					
Chicken Enchilada	Braised Sausage in Gravy	Roast Beef & Yorkshire Pudding	Lasagne	Chicken Goujons	
SIDES <i>Salads always available</i>					
Vegetable Rice Mexican Potatoes	Mashed Potato Spring Cabbage Cauliflower Cheese	Roast Potatoes Baton Carrots Broccoli	Roasted Root Vegetables Italian Sauté Potatoes Garlic Bread	Chips Tortilla wrap Dips & Salad	
VEGETARIAN OPTION 1					
Quorn Enchilada	Quorn Sausage in Gravy	Quorn Roast	Roasted Vegetable Lasagne	Quorn Cottage Pie with vegetables	
VEGETARIAN OPTION 2					
Vegetable Wrap	Cheese Pasty	Vegan Sausage roll	Veggie Fingers	Quorn Nuggets	
DESSERTS <i>Fruit, yoghurt, cheese and biscuits always available</i>					
Syrup Sponge & Custard	Ginger Sponge & Custard	Cup Cakes	Pear Conde	Cookies	

Percy Hedley School Menu

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Sandwiches/Jacket potatoes always available</i>					
	Hunters Chicken	Corned Beef Pie	Gammon with Pease Pudding	Chicken Korma Chicken Tikka Masala	Battered Fish
SIDES <i>Salads always available</i>					
	Roast Potatoes Sweetcorn Carrots	Mashed Potatoes Country Style Veg	New Potatoes Baton Carrots Broccoli	Vegetable Pilau Rice Naan Bread	Chips Mushy Peas or Beans
VEGETARIAN OPTION 1					
	Quorn Hunters Chicken fillet	Quorn & Vegetable Pie	Ham Quorn Roast	Vegetable Korma or Vegetable Tikka Masala	Fishless Fingers
VEGETARIAN OPTION 2					
	Vegan Sausage Roll	Veggie Hotdog	Cheese Quiche	Vegetable Samosa	Veggie Burger
DESSERTS <i>Fruit, yoghurt, cheese and biscuits always available</i>					
	Caramel Sponge & Custard	Fruit Cheesecake	Apple Crunch & Toffee cream	Chocolate Brownie & Ice Cream	Traybake


Percy Hedley School Menu

IDDSI Level 3/4/5

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Chinese Chicken Curry	Savoury Mince	Roast Chicken	Bolognese	Tuna Bake
SIDES <i>Baked beans always available</i>					
	Plain Noodles Boiled Rice Thick Sweet & Sour Sauce	Mashed Potatoes Broccoli Swede	Potatoes Baton Carrots Mushy Peas	Mashed Potato Country Style Veg	Baked Beans
VEGETARIAN					
	Quorn pieces in Curry sauce	Quorn Cottage Pie	Quorn Fillet	Quorn Bolognese	Mac & Cheese
DESSERTS <i>Yoghurt always available</i>					
	Jam Sponge & Custard	Cinnamon Sponge & Custard	Chocolate Sponge & Custard	Apple Puree & Custard	Traybake & Custard

Percy Hedley School Menu

IDDSI Level 3/4/5

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Chicken in Cheese sauce	Skinless Sausage in Gravy	Cottage Pie	Bolognese Mince	Chicken in BBQ sauce
SIDES <i>Baked beans always available</i>					
	Mashed Potato Mixed vegetables	Cauliflower Broccoli Mashed Potato	Carrots Broccoli	Steamed Sauté Potatoes Country Style Vegetables	Mashed potato Mushy Peas
VEGETARIAN					
	Quorn in Cheese sauce	Quorn Sausage in Gravy	Quorn Cottage pie	Ratatouille in Passata Sauce	Quorn Chicken in BBQ sauce
DESSERTS <i>Yoghurt always available</i>					
	Syrup Sponge & Custard	Ginger Sponge & Custard	Sponge & Custard	Custard with puree fruit	Chocolate Mousse




Percy Hedley School Menu

IDDSI Level 3/4/5

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Hunters Chicken	Corned Beef hash	Cottage Pie with sweet potato mash	Chicken Korma or Chicken Tikka Masala	Fish Pie
SIDES <i>Baked beans always available</i>					
	Mashed Potato Carrots	Carrots Broccoli Mornay	Broccoli Baton Carrots	Curried Vegetables Spiced Mashed Potato	Mushy Peas
VEGETARIAN					
0	Quorn Hunters Chicken	Vegetable hash	Quorn Mince cottage pie	Vegetable Korma or Vegetable Masala	Quorn Cottage Pie
DESSERTS <i>Yoghurt always available</i>					
	Caramel Sponge & Custard	Cheesecake filling with Lemon sauce	Pureed Apple & Custard	Chocolate Sponge & Custard	Mousse

Percy Hedley School Menu

IDDSI Level 6

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Chinese Chicken Curry	Savoury Mince	Roast Chicken	Bolognese	Breaded Fish goujons
SIDES <i>Baked beans always available</i>					
	Plain Noodles Boiled Rice served with a thick curry Sauce	Mashed Potatoes Broccoli Swede	Potato Croquettes Baton Carrots Mushy Peas	Spaghetti	Sweet Potato Fries Mushy Peas
VEGETARIAN					
	Quorn pieces in Curry sauce	Quorn Cottage pie	Quorn Fillet	Quorn Bolognese	Mac & Cheese
DESSERTS <i>Yoghurt always available</i>					
	Jam Sponge & Custard	Cinnamon Sponge & Custard	Chocolate Sponge & Custard	Fruit Whip	Traybake



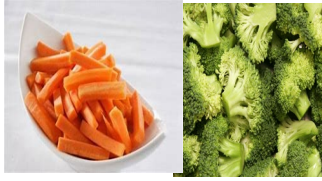

Percy Hedley School Menu

IDDSI Level 6

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Chicken in Cheese sauce	Steamed Skinless Sausage in Gravy	Bolognese	Cottage Pie	Breaded Chicken Goujons
SIDES <i>Baked beans always available</i>					
	Boiled Rice served with a thick tomato Sauce Mixed vegetables	Cauliflower Broccoli Mashed Potato	Steamed Sauté Potatoes Country Style Vegetables	Mashed Potato Carrots Broccoli	Chips Baked Beans
VEGETARIAN					
	Quorn in a Cheese sauce	Steamed Quorn Sausage in Gravy	Ratatouille in Passata Sauce	Quorn Cottage Pie	Bolognese
DESSERTS <i>Yoghurt always available</i>					
	Syrup Sponge & Custard	Ginger Sponge & Custard	Rice Conde with puree fruit	Sponge & Custard	Chocolate Mousse

Percy Hedley School Menu

IDDSI Level 6

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE <i>Jacket Potatoes with various fillings always available</i>					
	Hunters Chicken	Corned Beef hash	Cottage Pie with sweet potato mash	Chicken Korma or Chicken Tikka Masala	Breaded Fish Fingers
SIDES <i>Baked beans always available</i>					
	Roast potatoes Cauliflower Carrots	Carrots Broccoli	Broccoli Baton Carrots	Boiled Rice served with a thick curry sauce	Chips Mushy Peas or Beans
VEGETARIAN					
	Quorn Hunters Chicken	Quorn Pieces in a Creamy sauce	Quorn Ham Roast	Vegetable Korma or Vegetable Masala	Quorn Cottage Pie
DESSERTS <i>Yoghurt always available</i>					
	Caramel Sponge & Custard	Cheesecake	Pureed Apple & Custard	Chocolate Sponge & Custard	Mousse

