

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Sandwiches/Jacket potatoes always available		6			
	Chinese Chicken Curry	Homemade Quiche	Roast Chicken	Battered Fish	Mince & Dumplings
SIDES Salads always available					
	Vegetable Noodles Savoury Rice Sweet & Sour Sauce	Baby New Potatoes Garden Peas Sweetcorn	Roast Potatoes Baton Carrots Savoy Cabbage	Chips Mushy Peas	Mashed Potato Broccoli Sliced Carrots
VEGETARIAN OPTION 1					
	Vegetable Spring Roll	Cheese & Potato Roll	Vegetable Burger	Fishless Fingers	Vegetable Grill
VEGETARIAN OPTION 2		Quorn Cottage Pie	Quorn FILLETS 520g		Quorn
	Vegetable Curry	Quorn mince Cottage Pie	Quorn Fillet	Mac & Cheese	Quorn Mince & Dumplings
DESSERTS					
	Jam Sponge & Custard	Carrot Cake	Chocolate Sponge & Custard	Angel Cake & Custard	Fruit Trifle



WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Sandwiches/Jacket potatoes always available					
	Chilli Con Carne	Braised Sausage in Gravy	Lasagne	Roast Beef & Yorkshire Pudding	Beefburger in a Bun
SIDES Salads always available					
	Vegetable Rice Diced Herb Potatoes Nachos	Mashed Potato Spring Cabbage Cauliflower Cheese	Roasted Root Vegetables Italian Lyonnaise Potatoes Garlic Bread	Roast Potatoes Baton Carrots Broccoli	Chips Baked Beans
VEGETARIAN OPTION 1	Quorn MINCE FIRE GART GALTER GE	Quorn SAUSAGES 336g		Quorn FILLETS 520g	Quorn Cottage Pie
	Quorn Chilli Con Carne	Quorn Sausage in Gravy	Roasted Vegetable Lasagne	Quorn Fillet & Yorkshire Pudding	Quorn Cottage Pie
VEGETARIAN OPTION 2					
	Vegetable Wrap	Cheese Pasty	Veggie Fingers	Vegan Sausage Roll	Veggie Burger
DESSERTS Fruit, yoghurt, cheese and biscuits always available					
	Syrup Sponge & Custard	Ginger Sponge & Custard	Orange Drizzle Cake	Cup Cake	Banana & Caramel Sponge with Custard



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WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Sandwiches/Jacket potatoes always available					
	Mince Hotpot	Battered Fish	Beef Casserole & Cobbler	Chicken Korma or Chicken Tikka Masala	Chicken & Vegetable Pie
SIDES Salads always available					
	Cauliflower Cheese Cut Green Beans Carrots	Chips Mushy Peas or Beans	Roast Potatoes Baton Carrots Broccoli	Bombay Potatoes Vegetable Pilau Rice Naan Bread	Duchess Potatoes Country style Vegetables
VEGETARIAN OPTION 1			Quorn 454g ROAST		QUOTN MINCE ***********************************
	Winter Vegetable Hotpot	Fishless Fingers	Quorn Roast & Stuffing	Vegetable Korma or Vegetable Tikka Masala	Quorn & Vegetable Pie
VEGETARIAN OPTION 2			© Statistical State of State o		
	Vegan Sausage Roll	Veggie Burger	Cheese Quiche	Vegetable Samosa	Veggie Hot Dog
DESSERTS Fruit, yoghurt, cheese and biscuits always available					
	Caramel Sponge & Custard	Traybake	Apple Cornflake Crunch & Custard	Chocolate Brownie & Ice Cream	Lemon & Lime drizzle Cake



IDDSI Level 6

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Jacket Potatoes with various fillings always available					
	Chinese Chicken Curry	Chicken in Creamy sauce	Roast Chicken	Breaded Fish Fingers	Mince in Gravy
SIDES Baked beans always available					
	Plain Noodles Boiled Rice served with a	Mashed Potatoes Broccoli	Potato Croquettes Baton Carrots	Chips	Mashed Potatoes Broccoli
	thick curry Sauce	Swede	Mushy Peas	Baked Beans	Carrots
VEGETARIAN		Cottage	Quorn FILLETS 520g	(SACTOR AND LIANTESPE)	
	Quorn pieces in Curry sauce	Quorn Cottage pie	Quorn Fillet	Mac & Cheese	Vegetable Bake
DESSERTS Yoghurt always available					
	Jam Sponge & Custard	Cinnamon Sponge & Custard	Chocolate Sponge & Custard	Angel Cake & Custard	Fruit Whip



IDDSI Level 6

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Jacket Potatoes with various fillings always available			2 Orleans National		
	Chilli Con Carne	Steamed Skinless Sausage in Gravy	Bolognaise	Cottage Pie	Steamed Beef Pattie in Gravy
SIDES Baked beans always available					
	Boiled Rice served with a thick tomato Sauce Mixed vegetables	Cauliflower Broccoli Mashed Potato	Steamed Sauté Potatoes Country Style Vegetables	Mashed Potato Carrots Broccoli	Chips Baked Beans
VEGETARIAN	QUOTI MINCE 1 mil (a min) a m	Quorn SAUSAGES 336g		Quorn Cottage Pie	Quorn MINCE *mx1 ang august ang
	Quorn Chilli Con Carne	Steamed Quorn Sausage in Gravy	Ratatouille in Passata Sauce	Quorn Cottage Pie	Bolognaise
DESSERTS Yoghurt always available					
	Syrup Sponge & Custard	Ginger Sponge & Custard	Orange Drizzle Cake & Custard	Sponge & Custard	Banana Sponge & Custard



IDDSI Level 6

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Jacket Potatoes with various fillings always available					
	Mince Hotpot	Breaded Fish fingers	Beef Casserole	Chicken Korma or Chicken Tikka Masala	Chicken & Vegetable in creamy sauce
SIDES Baked beans always available					
	Cauliflower Carrots	Chips Mushy Peas	Mashed Potato Broccoli Baton Carrots	Boiled Rice served with a thick curry sauce	Sweet Potato Mash Carrots Broccoli
VEGETARIAN		Quorn COTTAGE PIE	Quorn 454g ROAST		PIECES THE PURE PROPERTY OF
	Winter Vegetable Hotpot	Quorn Cottage Pie	Quorn Roast	Vegetable Korma or Vegetable Masala	Quorn pieces in creamy sauce
DESSERTS Yoghurt always available					
	Caramel Sponge & Custard	Mousse	Pureed Apple & Custard	Chocolate Sponge & Custard	Lemon & Lime drizzle Cake



IDDSI Level 3/4/5

WEEK 1	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Jacket Potatoes with various fillings always available					
	Chinese Chicken Curry	Chicken in Creamy sauce	Roast Chicken	Tuna Bake	Mince & Dumplings
SIDES Baked beans always available					
	Plain Noodles with sauce Mashed Potato Sweet & Sour Sauce	Mashed Potatoes Broccoli Swede	Potatoes Baton Carrots Mushy Peas	Baked Beans	Mashed Potatoes Broccoli Carrots
VEGETARIAN		Quorn Cottage Pie	Quorn FILLETS 520g	participation and therefore	
	Quorn pieces in Curry sauce	Quorn Cottage pie	Quorn Fillet	Mac & Cheese	Vegetable Bake
DESSERTS Yoghurt always available					
	Jam Sponge & Custard	Cinnamon Sponge & Custard	Chocolate Sponge & Custard	Angel Cake & Custard	Pureed Apple Fool



IDDSI Level 3/4/5

WEEK 2	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Jacket Potatoes with various fillings always available			2 Chicago Chicago Anna		
	Chilli Con Carne	Skinless Sausage in Gravy	Bolognaise Mince	Cottage Pie	Beef Pattie in Gravy
SIDES Baked beans always available					
	Mashed Potato Mixed vegetables	Cauliflower Broccoli Mashed Potato	Steamed Sauté Potatoes Country Style Vegetables	Carrots Broccoli	Mashed Potatoes Baked Beans
VEGETARIAN	QUOTN MINCE *MX 440° 4	Quorn SAUSAGES 336g		Cottage	Quorn MINCE Factor (a supple) (a supple)
	Quorn Chilli Con Carne	Quorn Sausage in Gravy	Ratatouille in Passata Sauce	Quorn Cottage Pie	Quorn Lasagne
DESSERTS Yoghurt always available					
	Syrup Sponge & Custard	Ginger Sponge & Custard	Orange Drizzle Cake & Custard	Sponge & Custard	Banana Sponge & Custard



IDDSI Level 3/4/5

WEEK 3	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN COURSE Jacket Potatoes with various fillings always available				Chicken Korma or Chicken Tikka	
	Mince Hotpot	Fish Pie	Beef Casserole	Masala	Chicken & Vegetable in creamy sauce
SIDES Baked beans always available			*****		
	Cauliflower Carrots	Mushy Peas	Mashed Potato Broccoli Baton Carrots	Curried Vegetables Spiced Mashed Potato	Sweet Potato Mash Carrots Broccoli
VEGETARIAN	Quorn MINCE ***********************************	COTTAGE PIE	Quorn 454g ROAST		PIECES PAGE SALERIA S
0	Quorn Mince Hotpot	Quorn Cottage Pie	Quorn Roast	Vegetable Korma or Vegetable Masala	Quorn pieces in creamy sauce
DESSERTS Yoghurt always available					
	Caramel Sponge & Custard	Mousse	Pureed Apple & Custard	Chocolate Sponge & Custard	Lemon & Lime drizzle Cake